

## Support for Children and Families

At ECFS, we live out a promise to continually learn, improve our world and better ourselves by applying Christian values through our actions each and every day. Our values guide our choices as we learn and prepare us for the journey beyond our school, into our future, helping us be the best version of our selves.

At ECFS, our intent is to **develop aspirational, confident learners and leaders of the future who have a deep understanding of the world around them and the impact they can have on it.**

We recognise the challenges that families face in bringing up children. We endeavour to create a school ethos that promotes trust between parents/carers and school, as well as between all adults and children, so that everyone knows who they are able to talk to if they have any concerns or worries. There may be times when you need extra help and support. If this is the case, please come and talk to us. Providing early help to our pupils and families at ECFS means we are more effective in promoting support as soon as we can which can be at any point in a child's life, from early years all the way through to teenage years.

There are many ways in which we can help as outlined in this offer of Early Help. We can also help to plan specific support for families in many forms where we can work together to set out the ways the school and other agencies and you as a parent can work together to achieve the best for your child and family. In order to support in the right way, we work with you to identify what are you worried about, what is working well and what needs to happen. The information you share with us we will use to form a 'family plan' which will help us to identify which other agencies and professionals will be able to support you and your child appropriately.

### **Key Personnel:**

**The Designated Safeguarding Lead (DSL) is:** Mrs Nadia Underwood

**Contact details:**

head@elmleycastle.worcs.sch.uk Telephone: 01386 710279

**The deputy DSL is:** Jamie Jarvie

**Contact details:**

[jjarvie@elmleycastle.worcs.sch.uk](mailto:jjarvie@elmleycastle.worcs.sch.uk) Telephone: 01386 710279

**The Governor responsible for safeguarding is:** Mandy Pask

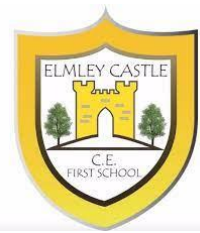
**Contact details:**

[Amanda.pask@hotmail.com](mailto:Amanda.pask@hotmail.com)

**The Chair of Governors is:** Katy Rooke

**Contact details:**

[chair@elmleycastle.worcs.sch.uk](mailto:chair@elmleycastle.worcs.sch.uk)



## Early Help Team at Elmley Castle CE First School

# Safeguarding

Elmley Castle Church of England First School is committed to the safety and the well-being of our children and staff.

**Creating a Safe and Inclusive Environment**

If you have any concerns please contact the designated people with responsibility for safeguarding and child protection in this school.



Mrs Underwood  
Designated Safeguarding Lead



Mr Jarvie  
Deputy DSL

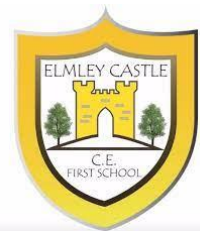


Mrs Mandy Pask  
Governor with Safeguarding Responsibility  
([amanda.pask@hotmail.com](mailto:amanda.pask@hotmail.com))

**Elmley Castle CE First School**  
Main Street  
Elmley Castle  
Worcestershire  
WR10 3HS

Tel: 01386 710 279  
Email: [office@elmleycastle.worcs.sch.uk](mailto:office@elmleycastle.worcs.sch.uk)  
Website: [elmleycastle.worcs.sch.uk](http://elmleycastle.worcs.sch.uk)





## Our Early Help Offer

Early Help is a pathway to supporting your child and you as they grow up when you, or they, may need further support or guidance.

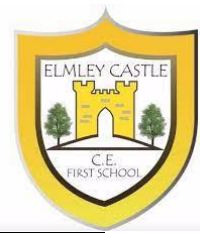
### Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)
- Families who may be need support with finances

Anyone can provide early help – you don't need to be an expert or professional. Early help is not about passing on the issue to an expert, but is about finding the best support at the right time in order for a child, and family, to thrive. The ECFS coordinated offer of Early Help is outlined in the table below. In addition, ECFS may also sometimes support you to contact other support agencies when additional help is identified to support children, young people, or families or to prevent harm and this information is also available below.

### At ECFS we meet the needs of our children through a variety of ways:

ECFS's Early Help Offer	
<b>Designated Safeguarding Lead and team</b>	Our Safeguarding team works closely together to ensure best possible safeguarding practices are in place. The Designated Safeguarding Lead (Mrs Nadia Underwood) is primarily non-teaching and therefore able to offer immediate support as needed, supported by a highly trained deputy (Mr Jamie Jarvie) who is able to support in the DSL's absence. Staff are trained to share any emerging concerns with the DSL who will put a plan in place, or seek further advice, to support the child or family as needed.
<b>Pupil Voice</b>	We conduct children's questionnaires to ascertain if they feel happy and safe. Our Pupil Parliament have a role in making sure the pupil voice makes a difference to decisions made at school. Weekly My

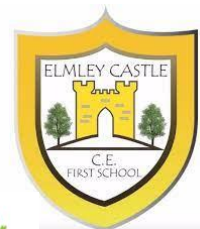


	Happy Mind sessions give children opportunities to communicate mental wellbeing through discussions and journaling. Every Staff meeting teachers raise any cause for concerns which are followed up by the DSL and DDSL.
<b>Attendance</b>	Attending school on time each and every school day is very important. Mrs Underwood and Mr Jarvie will help support families where children are struggling with attendance or arriving on time.
<b>Behaviour For Learning</b>	<p>At ECFS, we always seek to recognise children for the good choices they make each and every day, with children rewarded with house points, value awards, stickers and certificates when they display positive choices. We have taken a relationship-based restorative justice approach towards behaviour, enabling children to reflect on any inappropriate choices they may make and to consider the impact of their behaviour on others around them. Parents and carers are well informed, involved and given guidance as needed to support them in encouraging positive behaviour. Our Behaviour Policy is available on our website.</p> <p>All children are encouraged to demonstrate the six values of respect, compassion, perseverance, respect, forgiveness and generosity; these are publicly recognised and celebrated through the awarding of leaves in celebration worship.</p>
<b>SENCo</b>	Mr Jamie Jarvie is our SENDco and holds, the national SENCo award.
<b>Speech and Language</b>	Katy Essex supports children who are on the NHS caseload for Speech and Language therapy interventions through direct work, liaison with parents and provision of resources.
<b>Parenting Groups and Parental Learning</b>	As a school, we work with South Worcestershire Parenting Group and Family Learning to offer a range of online parenting courses to our community, including the Solihull Approach, Triple P and Incredible Years.
<b>Food packages and Caring Hands in the Vale</b>	School staff are able to identify and refer any families who are in need of a food parcel which also contains other necessary household items. More information can be found here: <a href="http://chands.org.uk">chands.org.uk</a>
<b>Financial support</b>	<p>As a school, we recognise that there may be times when funding activities may be a challenge for families. Contributions for educational visits, swimming and residential opportunities can be adjusted or spread over a longer period as necessary so that no child is excluded from an activity as a result of funding.</p> <p>Pupils who qualify for FSM are also offered the opportunity to attend our after school Curriculum+ clubs with payment funded by the school.</p> <p>Parents and carers can apply for benefits-related free school meals <a href="#">here</a>.</p>
<b>Mental Health and Wellbeing</b>	Mr Jarvie is our SMHL. All class teachers are trained to deliver My Happy Mind sessions accredited by the NHS. Children have weekly sessions as well as daily check ins. Younger children are taught through stories and the school holds an annual wellbeing week, hugely supported by parents where children learn yoga, Lego



	therapy, pet therapy, essential first aid amongst other meditative techniques.
<b>Online Safety</b>	Each year group is taught how to use computers, iPads and the internet safely throughout the year, linking directly with the computing curriculum and through a cross-curricular approach. We run presentations for parents using The National Online Safety Toolkit resources. This supports both children and parents in developing a greater awareness of the dangers they face online each day, as well as offering strategies to keep themselves safe. Our online safety lead, Mr Jarvie monitors safety in school and work with SLT to put measures in place to further support the children in developing safe online usage.

<b>Evesham Local Services</b>	
<b>Starting Well Partnership – Pershore and Evesham Family Hub</b> Pershore Medical Practice, Queen Elizabeth Drive, Pershore, WR10 1PX 07872 503058 Family Hub every first and third Thursday of the month. <a href="#">Pershore and Evesham Family Hub</a>	<b>John Martin's Charity</b> Providing grants for families, individuals, the disabled and anyone who is on a low income or who is in financial difficulty due to a variety of circumstances, including support for school uniform. 01386 765440 <a href="mailto:enquiries@johnmartins.org.uk">enquiries@johnmartins.org.uk</a> – general enquiries <a href="mailto:student@johnmartins.org.uk">student@johnmartins.org.uk</a> – student grant enquiries <a href="http://johnmartins.org">johnmartins.org</a>
<b>Caring Hands in the Vale</b> Food bank in the centre of Evesham providing food parcels, toiletries, bedding, clothing and blankets on a referral basis.  Diane Bennett 07859 892528 (12 noon to 2pm) <a href="http://chands.org.uk">chands.org.uk</a> Email - <a href="mailto:info@chands.org.uk">info@chands.org.uk</a>	<b>Rooftop Housing Group</b> Supporting the local community to find safe and appropriate homes. 70, High Street, Evesham, Worcestershire, WR11 4YD 01386 420800 <a href="#">Rooftop Housing Group</a> Email – <a href="mailto:enquiries@rooftopgroup.org">enquiries@rooftopgroup.org</a>
<b>What's on in Evesham in the school holidays?</b> <a href="#">Ready Steady Worcestershire – school holiday food and activities (HAF) – Worcestershire County Council</a>	<b>Evesham Library</b> Oat Street, Evesham, Worcestershire, WR11 4PJ <a href="#">Evesham Library – Worcestershire County Council</a>



## Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker.



For more information, please visit: [Worcestershire Children First Early Help Family Support Service | Worcestershire County Council](#)


**Early Help in Worcestershire** have created a **booklet** to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The booklet will help you and families find the most appropriate support.

To download this booklet, please visit: [Worcestershire Family Hub](#)


The screenshot shows the Worcestershire Virtual Family Hub website. The header includes the Worcestershire County Council logo and navigation links: News, Events, Council services, Jobs and careers, My account, and a search bar. Below the header, there's a section titled "Virtual Family Hub" with a description: "We have developed this virtual family hub to give you a range of different types of resources to help to support you and your family." To the right of this text is a photo of a man and a child. Below this is the main heading "WORCESTERSHIRE VIRTUAL FAMILY HUB" with a logo of two stylized figures. The main content area is a grid of 14 resource cards, each with a thumbnail image, a title, and a brief description:


- Parenting, health, housing and relationships support**: Support and guidance resources.
- If you need professional support for your family**: Find information about how Early Help Services can support your family.
- Resources and information about family support**: Links to services that could help support you and your family within the Worcestershire area.
- Get Safe**: Information and resources to help you look out for signs of child exploitation.
- Groups and activities for young people**: Here you can find information on some groups and activities for young people living in Worcestershire.
- Ready Steady Worcestershire**: Offers free holiday provision to children in receipt of free school meals and vulnerable families during school holidays.
- Harmony at Home**: Reducing Parental Conflict in partnership with organisations from our multi-agency reference group.
- Early Help booklet**: Download the Early help booklet.
- SEND support and guidance**: Information about the help and support available in schools and colleges for children with SEND.
- Young carers**: A Young Carer is a person aged between 6 and 17 who supports a family member at home beyond what is typical for their age.
- Learning disability and autism support and advice**: Information and guidance if your child has learning disabilities or is on the autism spectrum.
- Family learning**: Useful set of resources for the family.
- Family health resources**: Resources and information for supporting your family's health.



Health, including mental health, emotional wellbeing, and sexual health)	
The <b>Starting Well Partnership</b> offer a range of health services which support both children and families experiencing a range of health issues – <a href="http://startingwellworcs.nhs.uk">startingwellworcs.nhs.uk</a>	
<b><a href="#">School Health Nursing Service</a></b> School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families	<b><a href="#">Chat Health Text Service</a></b> Chat health is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507331750
<b><a href="#">Worcestershire Health Visiting Service</a></b> Health visitors work with families to improve future health outcomes and can offer expert information, assessment and intervention for babies, children and families	
<b><a href="#">Reach4Wellbeing</a></b> The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood	<b><a href="#">Social Prescribing - Onside Advocacy, Worcestershire (onside-advocacy.org.uk)</a></b> Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available
<b><a href="#">NHS Children and Adolescent Mental Health Services (CAMHS)</a></b>	<b><a href="#">Kooth</a></b> Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.
<b><a href="#">Healthy Minds</a></b> Supporting adults with their mental health	<b><a href="#">Winston's Wish</a></b> Winston's Wish provide support for children and young people following the death of a sibling, parent, or person important to a child
<b><a href="#">Papyrus UK Suicide Prevention</a></b> Charity dedicated to the prevention of suicide and the promotion of positive mental health and emotional wellbeing in young people	<b><a href="#">Mental Health Foundation</a></b> Working for good mental health for all
<b><a href="#">Samaritans</a></b> Telephone: 116 123 24 hour support	<b><a href="#">Parental Wellbeing</a></b> Support and guidance for all aspects of parenting

Substance Misuse	
<b><a href="#">Cranstoun</a></b> Working with adults over 18 who are struggling with their drug or alcohol intake, as well as advice and guidance for family members	<b><a href="#">Here4YOUth</a></b> Children and young person's alcohol and drug service for children up to the age of 18


Sexual Health	
<a href="#"><u>Sexual Health – Worcestershire County Council</u></a> Information and support on all areas of sexual health	<a href="#"><u>Worcestershire Integrated Sexual Health Services</u></a> Friendly, non-judgmental specialist services across Worcestershire to support the management of sexual health
	<a href="#"><u>WISH</u></a> Contraception and sexual health clinics WISH have a dedicated Outreach nursing service. Referral forms can be found at <a href="http://www.knowyourstuff.nhs.uk"><u>www.knowyourstuff.nhs.uk</u></a> . The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services
<a href="#"><u>NHS Sexual Health</u></a> Information and advice about sexual health, including contraception and sexually transmitted diseases (STIs)	<a href="#"><u>SH:24</u></a> Free STI test kits and contraception

Bullying, including Cyberbullying (online)	
If you are concerned that your child may be being bullied, <b>please come into school and talk to us</b> and we will be able to help. In addition, there are several links below which will provide you with more information as to how to support your child if you, your child, or someone you know is being bullied.	
<a href="#"><u>School Online Safety Reporting Tool</u></a> Online safety and cyberbullying reporting tool available on the school website	<a href="#"><u>NSPCC</u></a> Guidance, support and information on bullying and cyberbullying
<a href="#"><u>Be Internet Legends</u></a> Helpful advice for adults and children about how they can be smarter, safer and happier explorers of the online world	<a href="#"><u>Anti-Bullying Alliance</u></a> Advice and support for parents
<a href="#"><u>UNICEF – Cyberbullying and How to Stop it</u></a> Support and guidance aimed at teenagers regarding bullying online and social media platforms	
<a href="#"><u>Kidscape</u></a> Help and guidance with bullying	<a href="#"><u>Family Lives</u></a> Information about bullying, cyberbullying and its effects








<b>Family Members in Prison</b>	
<a href="#"><u>NICCO – National Information Centre on Children of Offenders</u></a> Helpful links to websites which can support parents and carers who may have a relative in prison	<a href="#"><u>Your (Youth) Support Services (YSS)</u></a> A service committed to helping young people and adults overcome adversity and achieve independence


<b>Online Safety including Sexting</b>	
If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:	
<a href="#"><u>CEOP - ThinkuKnow – advice for parents</u></a> Advice, guidance and resources for parents regarding internet use and how to stay safe online, as well as how to report a concern	<a href="#"><u>Barnardo's – Keeping children safe online</u></a> Information from online safety experts for all areas of internet safety, including how to start a conversation with your child
	<a href="#"><u>Educate Against Hate</u></a> Government advice and trusted resources to help safeguard students from radicalisation, build resilience to all types of extremism and promote shared values
<a href="#"><u>Internet matters</u></a> A great site for parents to help their child feel safe online	<a href="#"><u>BBC – Own it!</u></a> 8 tips for staying safe online for children
<b>Sexting is the sending or receiving of sexually explicit images, videos or conversations online.</b>	
<a href="#"><u>NSPCC – Sharing pictures</u></a> Advice and support to help parents understand the risk and how to support your child if they have been sending, sharing or receiving nude images	<a href="#"><u>CEOP</u></a> Advice and guidance; Nude selfies – what parents and carers need to know


<b>Special Educational Needs (SEND)</b>	
Mr Jamie Jarvie is the school's SENCo who also holds the national SENCo award. Mr Jarvie oversees the needs of all the children at school and can refer to specialist external agencies for extra help and support.	
<a href="#"><u>SEND Local Offer – Worcestershire County Council</u></a> Information and advice for families with children and young people with SEND/disabilities Contact: <a href="mailto:localoffer@worcestershirechildrenfirst.org.uk"><u>localoffer@worcestershirechildrenfirst.org.uk</u></a>	<a href="#"><u>SENDIASS – Special Needs and Disabilities Advice and Support Service</u></a> Herefordshire and Worcestershire SENDIASS are a dedicated team of advisors offering legally-based and easily accessible information and advice about special educational needs and disabilities (SEND)

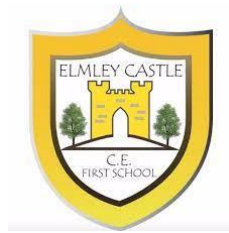
<p><a href="#"><u>Council for Disabled Children</u></a> Helping disabled children and young people and those with special educational needs to have full and happy childhoods, to fulfil their potential and be active in the community</p>	
<p><a href="#"><u>Worcestershire Social Care and support for children with disabilities</u></a> Services to support the needs of children and young people who have complex disabilities</p>	<p><a href="#"><u>Worcestershire Parent and Carers' Community</u></a> A local charity that supports families across the county, all of whom have a child with a disability or an additional need</p>
<p><a href="#"><u>Hereford and Worcester Dyslexia Association</u></a> Information and advice for parents who would like to find out more about dyslexia</p>	<p><a href="#"><u>Worcester Dyslexia Parent Group</u></a> Support group for parents who have children with dyslexia</p>
<p style="text-align: center;"><b>Relationships</b></p>	
<p>Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.</p>	
<p><a href="#"><u>NSPCC</u></a> Advice and guidance for parents on how to talk to their child about relationships</p>	<p><a href="#"><u>Harmony at Home</u></a> Advice and guidance to Reducing Parental Conflict (RPC)</p>
	<p><a href="#"><u>The Family Hub – Worcestershire County Council</u></a> Further support and links to helpful websites for all relationship issues and support</p>
<p><a href="#"><u>Helping Hands</u></a> Helping Hands is for children aged 7-12. The group will help to increase children's understanding of feeling safe and to explore and promote behaviours which will contribute to a safe environment</p>	<p><a href="#"><u>Draw the Line</u></a> Helping teenagers understand real relationships and to recognise harmful behaviour. Available on a mobile phone.</p> 
<p><a href="#"><u>Childline</u></a> Advice and support for children experiencing relationship issues</p>	<p><a href="#"><u>Thinkuknow - Disrespect Nobody</u></a> Campaign targeting 12 – 18 year old boys and girls to support them, from becoming victims and perpetrators of abusive relationships</p>

<p style="text-align: center;"><b>Finance, Housing and Employment</b></p>	
<p>If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:</p>	
<p><a href="#"><u>Evesham Job Centre Plus</u></a> 3 High Street, Evesham, Worcestershire WR11 4DA</p>	<p><a href="#"><u>Evesham Citizens' Advice Bureau</u></a> 13 – 15 Port Street, Evesham, Worcestershire, WR11 3LD</p>

0800 1690190	01386 712100
	<a href="#"><b>Housing and Homelessness – Worcestershire County Council</b></a> Advice and guidance on homelessness and housing in Worcestershire
<a href="#"><b>Building Better Opportunities</b></a> Help for local people to move closer or into employment	<a href="#"><b>Indeed</b></a> Job vacancies in Evesham
<a href="#"><b>Rooftop Housing</b></a> Supporting the local community to find safe and appropriate homes	<a href="#"><b>Act on Energy</b></a> Financial support for parents and carers experiencing difficulties with household bills

Parenting Support	
<a href="#"><b>Starting Well Partnership – Parenting Workshops, Groups and Courses</b></a> The Starting Well Partnership offer a range of parenting support, information, groups, and courses	<a href="#"><b>Action for Children – Parent Talk</b></a> Down-to-earth parenting advice, with answers to parenting questions and access to a parenting coach to talk about anything worrying
<a href="#"><b>HomeStart</b></a> Working with families to provide one to one support in the family home each week. This service provides support tailored to individual needs and can help parents they learn to cope and build confidence to provide as best they can for their children	
<a href="#"><b>The Gender Trust</b></a> Advice and support for parents and carers around the subject of gender identity issues	<a href="#"><b>Triple P Parenting – Positive Parenting Program</b></a> Supporting families, advice and guidance

Child Exploitation	
<a href="#"><b>PACE – Parents Against Child Exploitation</b></a> Support for parents and carers whose children are being exploited by offenders outside the family	<a href="#"><b>Catch 22</b></a> Support for young people, professionals and carers with the aim of preventing or stopping child exploitation and missing incidents
	<a href="#"><b>Get Safe Worcestershire</b></a> Lots of information about exploitation if you are worried that your child is at risk of being tricked, forced, or made to work in the criminal world
<a href="#"><b>Barnardo's</b></a> Support and guidance for children and families who have experienced exploitation and sexual exploitation	<a href="#"><b>STOPCE</b></a> Guidance and explanations about child exploitation
<a href="#"><b>West Mercia Youth Justice Service</b></a> Support and advice for young people aged 10-17 who have got into trouble with the police	<a href="#"><b>Action for Children</b></a> Information and support for parents who may be worried that their child is being drawn into criminal activity and being exploited



Domestic Abuse	
<a href="#"><u>West Mercia Women's Aid</u></a> Support for women experiencing domestic abuse	<a href="#"><u>Domestic Abuse Support – Worcestershire County Council</u></a> Help and guidance for anyone experiencing domestic abuse, with further links to helpful sites
<a href="#"><u>Safe Lives</u></a> A website for survivors, families and friends	<a href="#"><u>Purple Leaf</u></a> Support for victims of sexual abuse and violence